



# **DIPLOMA IN SPORTING EXCELLENCE**

**ATHLETE INFORMATION PACK**



**BRITISH  
WHEELCHAIR  
BASKETBALL**



# ATHLETE INFORMATION PACK



The Diploma in Sporting Excellence (DiSE) offers aspiring athletes the opportunity to develop their sporting capability, by training in an elite environment supported by British Wheelchair Basketball (BWB), whilst continuing in full time education.

DiSE has been designed to meet the needs of young people who have the realistic potential to achieve excellence in their chosen sport and are aiming to perform at the highest level. In addition, it enables National Governing Bodies to measure the young athletes' ability to apply themselves to professional development in the technical, tactical, physical and psychological aspects of Sport.

The NVQ will develop the learners understanding of sports performance which will be particularly beneficial to individuals pursuing careers in Sports Science & Coaching but more importantly, it will directly address other areas such as lifestyle management, communication, wider career management and health and safety which can be applied to a wide range of careers.



## IT IS NOT A QUALIFICATION FOR SIMPLY "PLAYING THE GAME",

DiSE fully reflects the range of skills, knowledge and performance criteria required in elite sport:

1. TECHNICAL SKILLS
2. TACTICAL AWARENESS
3. PHYSICAL CAPABILITIES
4. PSYCHOLOGICAL SKILLS

Importantly it also directly addresses wider issues, such as:

5. LIFESTYLE ORGANISATION
6. CAREER PLANNING
7. COMMUNICATION AND WORKING WITH OTHERS
8. HEALTH & SAFETY
9. NUTRITION PROGRAMMING

These areas contribute towards achievement of the two mandatory certificates of the DiSE framework (a) Certificate in Understanding Sport, (b) Certificate in Achieving Excellence in Sports Performance

## WHO CAN APPLY?

CRITERIA	ESSENTIAL / DESIRABLE
16 – 18 years old on 1/9/2022	Essential
Studying A-Levels or a BTEC Level 3 Qualification	Essential
Hold a British Passport	Essential
Living in England (during term-time)	Essential
Member of an affiliated BWB Club	Essential
Represented their region within Junior Championships / attended a Regional Academy	Desirable
Achieved Grades of A – C in GCSE Maths and English Language	Desirable





# HOW WILL THE PROGRAMME BE DELIVERED?

The DiSE programme is designed to be flexible in order to ensure that BWB can recruit and support the very best potential athletes regardless of geographical location.

The programme will have a semi-centralised model, with athletes studying locally in a school or college of their choice, whilst attending a series of centralised camps and online sessions to undertake the DiSE qualification under BWB guidance.

## PROGRAMME DELIVERY

LOCAL STUDY	CENTRALISED CAMPS / VIRTUAL SESSIONS
<p>Study A-Levels or BTEC Level 3 Qualification</p> <p>2 x Club sessions per week</p> <p>3 x Regional Academy / GB Academy sessions per season</p> <p>BWB National / Junior League Individual Study / learning</p> <ul style="list-style-type: none"><li>• Strength &amp; Conditioning</li><li>• Personal Nutrition</li><li>• Personal Video Analysis</li></ul>	<p>24 Days (5/6 camps)</p> <ul style="list-style-type: none"><li>• Guided 'learning' workshops</li><li>• Wheelchair Basketball sessions</li><li>• Additional Core learning modules:<ul style="list-style-type: none"><li>o Strength &amp; Conditioning sessions</li><li>o Nutrition Development</li><li>o Video Analysis</li><li>o Competitive opportunities</li></ul></li><li>• Coaching &amp; Refereeing qualifications</li></ul>

## WHAT WILL I BE ABLE TO DO AS A RESULT OF THE COURSE?

When you complete the DiSE programme, you will have a greater understanding of how to conduct yourself as a professional athlete, including managing your career, lifestyle and mental attitude. You should be in a position to consider the following options:

- University undergraduate programme, e.g. BSc Sport & Exercise Science / Sports Management

- Opportunities within Wheelchair Basketball coaching & development
- Professional Contracts in Wheelchair Basketball
- Progression into Great Britain Wheelchair Basketball Squads
- Progression towards alternative career opportunities e.g. Sport & Leisure Sector



## UNIVERSITY (UCAS POINTS)?

The tariff allocation for the Level 3 Diploma in Sporting Excellence is 64 points.

## IS THERE A COST?

The educational costs linked to all the centralised camps will be covered by the Skills Funding Agency, including accommodation, food, training sessions and educational workshops. The cost to you, will be your travel to and from the centralised camps as well as your time invested into studying & participating within the programme.

## HOW DO YOU APPLY FOR THE DISE PROGRAMME?

All applicants will need to complete the DiSE Online Application form by 5pm Sunday 17th July 2022. You will then be invited to attend a short interview between July 18th and Aug 16th (please note that your parent/carer will need to be present for this).

The programme virtual induction event will then take place in September to start the process of completing the necessary paperwork and learning further about the DiSE programme.

Selection Criteria:

- Athletes that meet the following criteria will be prioritised:
  - o Age
  - o BWB Affiliated member 2021-22 Season
  - o Studying in England
  - o Registered member of BWB & BWB member Club
  - o Position within the Performance pathway:
    - Academy Tier 1
    - Academy Tier 2
    - Regional Team Selection / Regional Academy

If you have any further questions or would like an informal conversation, please do not hesitate to contact Justine Lucas, England Talent Manager

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