

Hints and Tips on Application forms

Check the information on the website, information pack and do extra research on the DiSE programme

Read through the form fully before starting to fill it out

Understand what skills are needed of you on the DiSE programme

Make sure you give examples throughout the application form

Try not to repeat examples

To think of examples consider: what experiences have you got through sport, school, outside of sport, volunteering, courses, additional learning, passions/interests/hobbies

Consider what is going to make you stand out from the other applicants

Double check you have filled everything out

Check it, get someone else to check it, then check again before submitting

Be mindful of spelling and grammar

If you aren't sure of anything, contact Justine at j.lucas@britishwheelchairbasketball.co.uk