

ANTI-DOPING

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All athletes have the right to compete in sport knowing that they, and their competitors, are clean.

British Wheelchair Basketball (BWB) believes in clean 'wheelchair basketball' and work in partnership with UK Anti-Doping (UKAD) and the International Wheelchair Basketball Federation (IWBF) to ensure that the integrity of our sport is protected.

The use of performance-enhancing drugs and other doping behaviour severely damages the legitimacy of sport and undermines the integrity of clean athletes.

BWB has adopted [UKAD's anti-doping rules](#) which are consistent with the World Anti-Doping Code. These rules apply to all athletes, coaches and athlete support personnel. If you are a member of BWB then the anti-doping rules apply to you, regardless of what level you participate at.

STAYING CLEAN

Research shows that an individual's values play a major role in the decisions that an athlete will make. Having a strong support network of friends, parents and coaches help athletes make good decisions about how they train and compete.

Social drugs are also banned substances, so using social drugs can result in returning a positive test. If an athlete is offered the chance to take a social drug, they should be aware that they represent their club and their sport at all times and must consider the legal and reputational risks of taking such drugs.

WHAT IS STRICT LIABILITY?

Each athlete is solely responsible for any banned substance they use, attempt to use, or that is found in their system, regardless of how it got there and whether or not they had an intention to cheat.

It is the athlete's responsibility to check all medications are safe to take prior to use. Medications can be checked online via [Global DRO](#).

Athletes must undertake thorough internet research of any supplement products before use – including the name of the product and the ingredients/substances listed. Information revealed as a result should be further investigated and we advise athletes to keep evidence of their search.

REMEMBER!

**YOUR BODY.
YOUR DECISIONS.
YOUR RESPONSIBILITY**

WHAT ARE THE ANTI-DOPING RULE VIOLATIONS (ADRVs)?

The World Anti-Doping Code outlines ten Anti-Doping Rule Violations (ADRVs). Athletes and Athlete Support Personnel (ASP) may receive a ban from sport if any of the following ADRVs are committed:

1. The presence of a prohibited substance or its metabolites or markers in an athlete's sample.
2. Use or attempted use by an athlete of a prohibited substance or a prohibited method
3. Evading, refusing, or failing to submit to sample collection.
4. Whereabouts failures: any combination of three missed tests and/or filing failures within a 12-month period by an athlete in a registered testing pool.
5. **Tampering or attempted tampering with any part of doping control**
6. **Possession of a prohibited substance or prohibited method.**
7. **Trafficking or attempted trafficking in any prohibited substance or prohibited method.**
8. **Administration or attempted administration to any athlete in-competition of any prohibited method or prohibited substance, or administration or attempted administration to any athlete out-of-competition of any prohibited method or any prohibited substance that is prohibited out-of-competition.**
9. **Complicity: assisting, encouraging, aiding, abetting, conspiring, covering up or any other type of intentional complicity involving an ADRV or any attempted ADRV.**
10. **Prohibited Association: associating with a person such as a coach, doctor or physio who has been found guilty of a criminal or disciplinary offence equivalent to a doping violation.**

All ten ADRVs apply to athletes, only the ADRVs in bold apply to Athlete Support Personnel.

CONSEQUENCES

Under the World Anti-Doping Code, a minimum four-year ban from sport will apply to those who are found to be deliberately cheating and breaking the rules.

The World Anti-Doping Code has little sympathy for carelessness such as inadvertent doping with athletes likely to face a two-year ban from sport.

THE PROHIBITED LIST

All banned substances and methods in code-compliant sports are outlined in the Prohibited List.

The Prohibited List is updated on the 1st January every year and may have new substances added during the year. It is the athlete's responsibility to keep up to date with changes.

APPLY FOR A THERAPEUTIC USE EXEMPTION (TUE)

Athletes who need to use a banned substance or method to treat a genuine medical condition, where there are no reasonable alternatives, may have to apply for a TUE.

- International-level athletes (as defined by their International Federation) need to apply to their International Federation for a TUE.
- Athletes competing at National level need to apply to UKAD for a TUE.

Athletes who have an existing TUE issued by UKAD do not need to reapply for a new TUE when becoming an International-level athlete. They should provide their International Federation with a copy of their TUE to ensure it is recognised.

Athletes listed under the 'National' category for their sport must apply for their TUE in advance of competing. The 'National' category for TUEs is defined by UKAD by sport and can be found on UKAD's website. Only in an emergency situation or where there will be a severe impact on health should treatment begin without the necessary approval.

You can find out more about whether you need a TUE and how to apply for one (including emergency TUEs) on the UKAD website.

HELP KEEP SPORT CLEAN

If you have any concerns about the use of prohibited substances in our sport, there is a 24-hour dedicated phone line, hosted by Crimestoppers. You can provide information in complete confidence by calling 08000 32 23 32 or via a secure website. All information is passed securely to UKAD's intelligence unit for investigation.